

Please Print in BLOCK CAPITALS – ONE APPLICANT PER FORM
PAPER APPLICATIONS TO BE RECEIVED BY 4th MAY

TITLE..... 1st NAME SURNAME	Admin W
ADDRESS	
..... POSTCODE FORM [if at SVC].....	
EMAIL TEL	
TEAM: if you wish to be part of a team, give the team name here:-	

Show whether you wish to enter the Short Route 3.8k [2.4 miles or the longer Traditional Route 7.4k [4.6 miles]. See the note on routes in the information section.

NOTE School years 1-6: Cups will be awarded to those who compete in the short route event.
For School years 7-11 and adults, cups will be awarded to those who follow the traditional (long) route

Route	Short Route 4k	Traditional Route 7.4k
Select which Route		

Age Group – tick appropriate box	Male	Female
Pre-school (accompanying an adult) free-of-charge		
School years 1-6 (not age)		
School years 7-11 (not age)		
Ages 17-39		
Ages 40-54		
Ages 55+		

PLEASE READ AND SIGN THE FOLLOWING DISCLAIMER:

I wish to enter the 2019 Sawston Fun Run and Walk. I am medically fit to run or walk the distance of up shown. I will not hold the organisers responsible for any injury or loss to my property or person however caused, before, during or after the event.

Children of 16 and under may only participate with the consent of a parent / guardian.

Signature of Runner (if over 16) or Parent / Guardian: _____

Entry fees before 12th May: - £6 for school years 1-11
- £12 for adults of 17 years and over as at 12th May

I enclose cash or cheque for £..... payable to the 'Sawston Fun Run'

Registration Form for the event on 12th May 2019
Please read this essential information before completing the form

ROUTES: There is a choice of a **short route of 3.8k [2.4miles]** or the **traditional route 7.4k [4.6miles]**. The short route is primarily for primary school children and the cups for that age group will be awarded to the first three children on this route. Parents, fancy dress walkers and any others may also take the shorter route, if they wish. For secondary school children and adults, the traditional route is retained as the main challenge and cups will be awarded to the fastest entrants on that route. However, either route is available for each entrant. Please select your choice to help us with the marshalling on the day.

REGISTRATION: all entrants, including those in fancy dress, walkers of either route must complete an entry form in full, make the appropriate payment and sign the disclaimer statement. This form can be used or done online at www.sawstonfunrun.co.uk Registrations can also be made on the day but the fees are more; see Entry Fees below.

ON-LINE ENTRY: this easy and trouble-free feature is available on the website. The closing date for **online** entries is Friday 10th May at 6.00pm.

PAPER ENTRIES: This form can be used and further copies can be downloaded from the website www.sawstonfunrun.co.uk or obtained from branches of The Cambridge Building Society.

RETURNING YOUR FORM - CLOSING DATE: please send or deliver completed forms as soon as possible to: Sawston Fun Run, Sawston Village College, New Road, Sawston, Cambridge CB22 3BP. Enclose a cheque or postal order payable to 'Sawston Fun Run' for the entry fees. Postal entries must be received by the 4th May to ensure you receive your entry pack before the event.

ENTRY FEES [postal or online applications]:

£6.00 for entrants in school years 1 to 11
£12.00 for adults aged 17+ years on 12th May 2019
Pre- school children accompanying their parent free of charge

Enter NOW as fees on the 12th May will be £7.00 for school years 1-11 and £14.00 for adults

ENTRY PACK: Postal registrations will receive by post the following: instructions for the event, a sponsorship form, training tips and their vest number. [Online registrations will receive an email providing instructions for the event and notification of their vest number, which will need to be collected on the 12th May from the pre-event registration area].

SPONSORSHIP INFORMATION: the sponsorship form has spaces for sponsors. Further copies are available off the website. **Please aim to raise as much as possible by asking your friends and family to sponsor you as this money will add significantly to the amounts donated to the charities.** Money and cheques, made payable to 'Sawston Fun Run' can be brought on 12th May or posted to: Sawston Fun Run, Sawston Village College, New Road, Sawston, Cambridge CB22 3BP and to arrive by 7th June at the latest.

ESSENTIAL REQUIREMENTS: each entrant must wear their vest number for safety and administration reasons. Entrants are advised to prepare themselves by training beforehand and to seek medical advice if there are any doubts about fitness.

TROPHIES and CERTIFICATES: The first three runners in every category will receive a trophy; for the school years 1-6 category the race route is the short 4k one. Everyone will receive a certificate and school years 1-11 will receive a medal.

Enquiries: enquiries@sawstonfunrun.co.uk - Telephone enquiries: 01223 872243

Major sponsor The Cambridge Building Society. - Other Sponsors:-

Adams Harrison: Budgens Sawston: Excell; Gibbs Denley Insurance Services
Morgan Sindall: Ridgeons Group: Scotsdales: Vindis Sawston: Sawston Parish Council